CHECKLIST

Protecting Yourself from Financial Abuse Through Gambling

- [ ] Open a bank account in your sole name at a different bank
- [ ] Redirect your income to the new account or arrange split payments
- [ ] Check your credit report for accounts you did not agree to
- [ ] Set up transaction alerts on joint accounts and save evidence of large withdrawals
- [ ] Gather documents like your passport and any proof of income or debt
- [ ] Contact a domestic abuse service to talk through safety and housing options
- [ ] Speak to a debt advice service about your legal position on joint and sole debts
- [ ] Talk to the National Gambling Helpline about support for affected family members