CHECKLIST

Blocking Gambling Sites — Your First Steps

- [ ] Choose device blocking for phones and laptops used outside the home
- [ ] Apply router filtering to cover every device on your home wifi
- [ ] Set a strong password and write it down away from the device
- [ ] Register with GAMSTOP to close existing accounts at licensed sites
- [ ] Add parental controls to shared family devices if children use them
- [ ] Speak to GamCare or another support service if gambling is causing harm